



# **The Silver Line**

helpline for older people

**0800 4 70 80 90**

Registered Charity No. 1147330 | Company No. 8000807

**information • friendship • advice**

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**the free and confidential helpline  
for older people, open 24 hours**

**[www.thesilverline.org.uk](http://www.thesilverline.org.uk)**